RAC Cabrillo Format (Version 3.2 November 2020)
  (Updated to conform for V3.0 as of June 2020) - See notes below.

```
START-OF-LOG:
CREATED-BY:
CALLSIGN:
LOCATION:
CONTEST:
CATEGORY-OPERATOR:
CATEGORY-BAND:
CATEGORY-MODE:
CATEGORY-POWER:
CATEGORY-TRANSMITTER:
CATEGORY-OVERLAY:
CLAIMED-SCORE:
CLUB:
NAME:
ADDRESS:
ADDRESS-CITY:
ADDRESS-STATE-PROVINCE:
ADDRESS-POSTALCODE:
ADDRESS-COUNTRY:
EMAIL:
OPERATORS:
SOAPBOX:
                                --------info sent------- -------info rcvd------
      freq mo    date     time call           rst exch   call           rst exch
0000000001111111111222222222233333333334444444444555555555566666666667777777777 8
1234567890123456789012345678901234567890123456789012345678901234567890123456789 0
QSO:  1825 CW 2003-07-01 1044 VE3KZ           599 ON     VE4EAR         599 MB
QSO:  3510 CW 2003-07-01 1044 VE3KZ           599 ON     K4BAI          599 103
QSO:  7155 PH 2003-07-01 1044 VE3KZ           599 ON     K5MM           599 005
QSO: 14205 PH 2003-07-01 1044 VE3KZ           599 ON     K4LTA          599 10
QSO: 21350 CW 2003-07-01 1044 VE3KZ           599 ON     K1EA           599 55
QSO: 28375 PH 2003-07-01 1050 VE3KZ            59 ON     VE5SF           59 SK
QSO: 50125 PH 2003-07-01 1055 VE3KZ            59 ON     VE3EJ           59 ON
QSO:146520 PH 2003-07-01 1055 VE3KZ            59 ON     VE3CZ           59 ON

END-OF-LOG:
```

The RAC contest supports the use of 2 meters and 6 meters. In order to have the full 6 digits on 2 meters, you can use the normally reserved space between the : and start of frequency for the added character or drop the leftmost digit (1) from the frequency (e.g. instead of QSO:146520 write out QSO: 46520).

The log format above illustrates the layout of the RAC Cabrillo standard. There are several "tags" in the header plus QSO: tags in the main part of the log completed by an END-OF-LOG: tag. The four italic lines shown between SOAPBOX: and the first QSO: tag are there merely to indicate where the various columns of log data occur and what each column represents. **They do not appear in an actual Cabrillo log.**

List of tags used in RAC Cabrillo.
Please note, all tags should be in upper case characters.

START-OF-LOG: *version-number*
Must be the first line of the log submission. This structure is based on Cabrillo 3.0 and the RAC Cabrillo *version-number* should be 3.0.

END-OF-LOG:
Must be the last line of the log submission

CALLSIGN: *callsign*
The call sign used during the contest.

CATEGORY-BAND:
  ALL, 160M, 80M, 40M, 20M, 15M, 10M, 6M, 2M
 Must be one of the categories listed above

CATEGORY-MODE:
 SSB, CW, MIXED
Must be one of the modes listed above

CATEGORY-OPERATOR:
 SINGLE-OP, MULTI-OP, CHECKLOG
Must be one of the options listed above

CATEGORY-POWER:
 HIGH, LOW, QRP
Must be one of the power levels listed above

CATEGORY-TRANSMITTER:
 ONE, TWO, UNLIMITED
Must be one of the selections above

CATEGORY-OVERLAY: ROOKIE

Only to be selected/used for those licensed within the last 36 months of the date of the contest who elect to enter the rookie subcategory. Prior rookie winners may not enter this category in any future event after they have won an award for this subcategory.

CLAIMED-SCORE: *n*
The claimed-score of the log submission, in integer form such as 12345.

CLUB: *text*
Name of the radio club with which the score should be aggregated (optional)

CONTEST: *contest-name*
The *contest-name* must be: RAC CANADA DAY or RAC CANADA WINTER

CREATED-BY: *text*
Name and version of the logging program used to create the Cabrillo file.

EMAIL: *text*
A place to put an email address, if desired

LOCATION: *text*
Canadian Province or Territory (RAC Section), US State or Territory, DXCC entity (Country) [for those outside CA or US] where the contest was operated from.

NAME: text
ADDRESS: text
ADDRESS-CITY: text
ADDRESS-STATE-PROVINCE: text
ADDRESS-POSTALCODE: text
ADDRESS-COUNTRY: text

Name and address of participant. A maximum of four ADDRESS: lines is permitted in addition to or instead of the extended ADDRESS elements (i.e. ADDRESS-CITY:)

OPERATORS: *callsign1* [*callsign2 callsign3...*]
A space-delimited list of operator callsign(s). You may also list the callsign of the host station by placing an "@" character in front of the callsign within the operator list, such as
OPERATORS: @VE6RAC VE6JY VE6AO VE6DX

SOAPBOX: *text*
Soapbox comments, as many as needed .

QSO: *qso-data*
QSO data as specified by the RAC Cabrillo QSO data format.

List of tags NOT used in RAC Cabrillo format.
Please note, all tags should be in upper case characters.
These additional tags can be present and will be ignored by our log checking software.

CATEGORY-ASSISTED: text
CATEGORY-STATION: text
CATEGORY-TIME: text
CATEGORY-TIME: text
CATEGORY-STATION: text
CERTIFICATE: text
GRID-LOCATOR: text grid square text
OFFTIME: text begin-time end-time
X-<anything>: text
X-QSO: text qso-data
DEBUG: n

List of Column Abbreviations:

- freq:
  For HF: integer frequency in kHz; if freq not known then 28000, 21000, 14000, 7000, 3500, 1800
  For VHF/UHF; numeric band representations as follows: 50 MHz=50000, 144 MHz=144000 or 44000
- mo:
  CW, PH, or FM
- date:
  UTC date in *yyyy-mm-dd* form
- time:
  UTC time in *nnnn* form
- call:
  callsign
- rst:
  RS(T)
- exch:
  contest exchange